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|  | **Mental and emotional wellbeing** | | | | | | | | **Social wellbeing** | | | | | | **Physical wellbeing** | | | | **Planning for choices and changes** | | **Physical Education, Physical Activity and Sport** | | | | | | | **Food and Health** | | | | | | | | | **Substance Misuse** | | | | | | **Relationships, Sexual Health and Parenthood** | | | | | | | | | | |
| **Early** | [HWB 0/1/2/-01a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2/-02a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-03a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-04a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-05a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2/-06a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-07a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-08a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-09a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-10a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2/-11a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-12a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-13a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-14a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-15a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-16a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-17a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-18a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-19a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-20a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-21a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-22a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-23a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-24a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-25a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-27a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-28a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-29a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0-30a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |  | [HWB 0-32a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-33a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |  | [HWB 0-35a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |  |  | [HWB 0-38a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |  |  |  | [HWB 0-42a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |  | [HWB 0/1-44a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-44b](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-45a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1/2-45b](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-47a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-47b](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-48a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-49a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-50a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 0/1-51a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |
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| **Second** | [HWB 2-19a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-20a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-21a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-22a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-23a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-24a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-25a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-27a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-28a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-30a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |  | [HWB 2-32a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-33a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-34a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-36a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-37a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-38a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-39a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-40a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-41a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB2-42a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB2-43a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-44a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-44b](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-45a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-47a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |  | [HWB 2-48a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-49a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-50a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) | [HWB 2-51a](https://education.gov.scot/Documents/health-and-wellbeing-eo.pdf) |
| Number of times outcome covered by SCARF lessons | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **N/**  **ELC** | 13 | 4 | 4 | 5 | 4 | 6 | 4 | 4 | 1 | 4 | 2 | 0 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 4 | 1 | 1 | 1 | 2 | 3 |  | 2 | 1 |  | 0 |  |  | 2 |  |  |  | 1 |  | 2 | 1 | 3 | 2 | 6 | 1 | 1 | 1 | 1 | 1 |
| **P1** | 5 | 6 | 5 | 4 | 5 | 2 | 2 | 3 | 3 | 4 | 4 | 1 | 2 | 2 | 6 | 4 | 3 | 1 | 1 | 1 | 2 | 0 | 2 | 3 | 1 | 1 | 1 | 1 | 2 |  | 2 | 2 |  | 0 |  |  | 1 |  |  |  | 1 |  | 4 | 6 | 13 | 3 | 6 | 2 | 4 | 2 | 5 | 1 |
| **P2** | 7 | 6 | 5 | 5 | 12 | 1 | 2 | 3 | 8 | 4 | 3 | 6 | 2 | 4 | 4 | 1 | 4 | 0 | 3 | 0 | 1 | 0 | 3 | 3 | 1 | 2 | 2 | 2 | 3 | 2 | 0 | 4 |  | 0 |  | 0 | 1 |  |  |  | 1 |  | 1 | 11 | 8 | 6 | 1 | 3 | 6 | 3 | 1 | 1 |
| **P3** | 4 | 7 | 7 | 3 | 10 | 8 | 1 | 3 | 8 | 3 | 2 | 2 | 2 | 3 | 6 | 5 | 2 | 0 | 3 | 0 | 0 | 0 | 2 | 3 | 1 | 2 | 1 | [0](https://www.foodstandards.gov.scot/education-resources)\* | 2 | 0 | 0 | 3 |  | 0 |  | 0 | 1 |  |  |  | 3 |  | 3 | 12 | 10 | 4 | 1 | 3 | 4 | 6 | 0 | 1 |
| **P4** | 6 | 4 | 6 | 4 | 11 | 7 | 1 | 1 | 8 | 3 | 5 | 5 | 4 | 2 | 6 | 5 | 3 | 3 | 3 | 1 | 0 | 0 | 2 | 2 | 0 | 1 | 4 | 1 | 1 | 1 | 0 | 1 |  | 0 |  | 0 | 2 |  |  |  | 6 |  | 6 | 13 | 7 | 1 | 3 | 1 | 1 | 1 | 0 | 0 |
| **P5** | 4 | 5 | 5 | 8 | 5 | 1 | 1 | 1 | 4 | 6 | 1 | 4 | 7 | 1 | 2 | 6 | 2 | 1 | 3 | 0 | 0 | 0 | 1 | 0 | 0 | 2 | 1 | 1 | 1 |  | 1 | [0](https://www.foodstandards.gov.scot/education-resources)\* | 1 | 0 | [0](https://www.foodstandards.gov.scot/education-resources)\* | 1 | 1 | 1 | 2 | 3 | 1 | 0 | 5 | 4 | 2 | 5 | 3 |  | 3 | 3 | 1 | 3 |
| **P6** | 5 | 6 | 6 | 12 | 5 | 4 | 3 | 4 | 3 | 5 | 1 | 3 | 4 | 2 | 5 | 4 | 2 | 0 | 4 | 2 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | [0](https://www.foodstandards.gov.scot/education-resources/different-diets)\* | [0](https://www.foodstandards.gov.scot/education-resources/different-diets)\* |  | [0](https://www.foodstandards.gov.scot/education-resources/different-diets)\* | [0](https://www.foodstandards.gov.scot/education-resources)\* | [0](https://www.foodstandards.gov.scot/education-resources/different-diets)\* | 0 | [0](https://www.foodstandards.gov.scot/education-resources)\* | 0 | 3 | 2 | 2 | 3 | 1 | 1 | 5 | 4 | 3 | 8 | 2 |  | 2 | 2 | 1 | 1 |
| **P7** | 3 | 10 | 5 | 9 | 8 | 1 | 8 | 1 | 10 | 4 | 1 | 3 | 9 | 1 | 4 | 7 | 2 | 1 | 4 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | [0](https://www.foodstandards.gov.scot/education-resources/different-diets)\* | [0](https://www.foodstandards.gov.scot/education-resources/different-diets)\* |  | [0](https://www.foodstandards.gov.scot/education-resources/different-diets)\* | [0](https://www.foodstandards.gov.scot/education-resources)\* | [0](https://www.foodstandards.gov.scot/education-resources/different-diets)\* | 0 | [0](https://www.foodstandards.gov.scot/education-resources)\* | 1 | 4 | 6 | 2 | 6 | 1 | 3 | 3 | 3 | 3 | 6 | 2 |  | 1 | 4 | 1 | 1 |

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